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[www.alakanandama.org](http://www.alakanandama.org)   [www.alandiashram.org](http://www.alandiashram.org)   [www.alandigurukula.org](http://www.alandigurukula.org)

Board member, National Ayurvedic Medical Association

## Conference History

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### July 2008

Svashta International Ayurveda Conference, London UK  
Presentation: Ayurveda and Spirituality

### October 2007

National Ayurvedic Medical Association Conference, Chicago, Illinois  
Presentation: "Ayurveda and Eating Disorders"

### April 2006

Rocky Mountain Kirtan Summit  
Workshop: Meaning of Hanuman Chaleesa

### February 2006

Hindu University of America Conference on Ageing, Orlando Florida  
Panelist: "Cancer Care Panel"

### October 2005

National Ayurvedic Medical Association Conference, Las Vegas, Nevada  
Keynote Speaker: "The Heart of Healing is in the Divine"  
Workshop: "Meditation and Healing"  
Panelist: "Rejuvenation and Spirituality"

### September 2005

Midwives Alliance of North America, National Conference, Boulder, Colorado  
Panelist: "Alternative Practitioners Panel"

### April 2005

Ayurvegas Conference, Las Vegas, Nevada  
Keynote Address: "Divine Mother and Healing"

### October 2004

National Ayurvedic Medical Association Conference  
Workshop: “Ayurvedic Healing Philosophy”  
Academic Paper: “Pulse reading as a tool for early diagnosis of cancer and other serious illnesses”

**October 2003**

National Ayurvedic Medical Association Conference  
Workshop: “Ayurvedic Pathology”  
Academic Papers: “Veterinary Ayurveda: Case histories of five cats” and “Cultural Issues in Bringing Ayurveda to the West”

## **Lecture Tours**

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**June 2014**

Lecture tour to Des Moines

**June 2013**

Lecture tour to Des Moines

**May 2012**

Lecture tour to Des Moines

**May 2011**

Lecture tour visiting Omaha, Des Moines,  
Lectures and workshops on Ayurveda and New Paradigms in Spirituality

**May 2010**

Lecture tour visiting Omaha, Des Moines,  
Lectures and workshops on Ayurveda and New Paradigms in Spirituality

**November 2009**

Lecture tour visiting Omaha, Des Moines,  
Lectures and workshops on Ayurveda and New Paradigms in Spirituality

**May and June 2009**

Lecture tour visiting Omaha, Des Moines, Minneapolis and Saint Paul  
Lectures and workshops on Ayurveda and New Paradigms in Spirituality

**November 2008**

Lecture tour visiting Omaha, Des Moines,  
Lectures and workshops on Ayurveda and New Paradigms in Spirituality

**May and June 2008**

Lecture tour visiting Omaha, Des Moines, Minneapolis and Saint Paul  
Lectures and workshops on Ayurveda and New Paradigms in Spirituality

**November 2007**

Lecture tour visiting Omaha, Des Moines, Minneapolis and Saint Paul  
Lectures and workshops on Ayurveda and New Paradigms in Spirituality

**April, May, June 2007**

Lecture tour visiting Washington DC, Las Vegas, Omaha, Des Moines, Minneapolis and Saint Paul

Lectures and workshops on Ayurveda and New Paradigms in Spirituality

**October and November 2006**

Lecture tour visiting Omaha, Des Moines and Las Vegas

Lectures and workshops on Ayurveda and New Paradigms in Spirituality

**April, May, June and July 2006**

Lecture tour visiting Las Vegas Nevada, Omaha, Nebraska and Cheltenham, UK

Lectures and workshops on Ayurveda and New Paradigms in Spirituality

**October 2005**

Lecture tour visiting Omaha and Las Vegas

Lectures on Ayurveda and New Paradigms in Spirituality

**April, May and June, 2005**

Lecture tour visiting Chicago, New York, Omaha, Des Moines, and Orlando.

Lectures on Ayurveda and New Paradigms in Spirituality

**2004-2006**

Monthly lectures in Denver, Fort Collins, and Boulder Colorado and Laramie, Wyoming

List of topics attached

## **Professional Experience**

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**1998-present**

President, Alandi Ayurvedic Gurukula

Alandi Ayurvedic Gurukula offers an extensive ayurveda program, of both theory and practice; and mentors apprentices in clinical studies.

**1990-present**

Clinic Director and Ayurvedic Practitioner, Alandi Ayurveda Clinic, a sliding scale clinic offering ayurveda, panchakarma and flower essence therapy in Boulder, Colorado

**1988-1997**

Researched and made over 150 Rocky Mountain wildflower essences, gem elixirs and geographical essences

**1990-present**

Co-Founder and Director, Alandi Ashram, a 501 (c) 3 non-profit church and school, which offers weekly and daily spiritual practices and gatherings as well as residential community experience

**2005-2010**

Peer Review Board Member for *Light on Ayurveda Journal*

## **Guest Lecturer and Teacher**

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**1998-2008**

Hindu University of America, Orlando, Florida  
Adjunct professor of Ayurveda

**2005**

Prescott College, Arizona, Distance Learning Program  
Mentor of Ayurveda

**2005**

Seven Bowls School of Nutrition and Nourishment, Longmont, Colorado  
Lecturer of Ayurveda

**1994-2005**

Regis University, Denver, Colorado  
Guest Lecturer of Hinduism

**1995-2003**

Colorado School of Mines, Golden, Colorado  
Guest Lecturer of Hinduism

**1994-2003**

Rocky Mountain Center for Botanical Studies, Boulder, Colorado  
Guest Faculty of Ayurveda and Flower Essences

## **Publications**

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*Pilgrimage to the Mother: A Women's Journey to the Source of the Ganges.*  
1999. Boulder, Colorado: Prema Press

*The Rainbow Bridge: Prophetic Encounters with the Mother's Path of Unity.*  
2004. Boulder, Colorado: Prema Press

*From my Heart to Yours: Devotional Poetry of Alakananda Devi*  
2005. Boulder, Colorado: Prema Press

## **Peer Reviewed Journal Articles**

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*Light on Ayurveda:*

Winter Issue 2009 Vol 7 issue 4

Allergic to the Modern World—Multiple Chemical Sensitivities: A Case History

Spring Issue 2008 Vol. 6 issue 3

Ayurveda in Incurable Malignant Brain Tumor: Case Study

Winter Issue 2007 Vol. 6 issue 2

Beauty and the Seven Dhatus

Spring issue 2007  
 Ayurveda in an Autoimmune Disorder: Case Study  
 Winter Issue 2006, Vol. V issue 2  
 Marma Point Rash: Case Study  
 Spring Issue 2006  
 Propane Poisoning: Case Study  
 Summer Issue 2005, Vol. III, Issue 4  
 Bipolar Depression: Case Study  
 Fall Issue 2004, Vol. III, Issue 1  
 Case Study: Chronic Fatigue  
 Summer Issue 2004, Vol. II, Issue 4  
 Veterinary Ayurveda: Cat Case Study

*Protocol Journal for Botanical Medicine: Specific Condition Reviews*

1995: Ayurveda and Breast Cancer  
 1995: Ayurveda and Prostate Cancer  
 1996: Ayurveda and Affective Mood Disorder  
 1996: Ayurveda and Attention Deficit Disorder  
 1996: Ayurveda and Alzheimers  
 1995: Ayurveda and Ovarian Cysts  
 1995: Ayurveda and Uterine Fibroids  
 1996: Ayurveda and Tinnitus

## Education

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### Medical/Ayurvedic

**2004** Certified Practitioner Member, National Ayurvedic Medical Association  
 1988-present Ayurveda continuing education with Ayurvedic Institute and  
 Rocky Mountain Institute for Yoga and Ayurveda  
 1988-1994 Flower Essences and Gem Elixirs Independent Studies  
 1986-1988 Flower Essences Apprenticeship with Cynthia Kemp of Desert Alchemy  
 1980-1985 Ayurveda Independent Studies, India  
 1969-1976 Medical Doctor, Bachelor of Medicine and Bachelor of Surgery  
 St. Bartholemew's Hospital Medical College: London University, England

### Spiritual Traditions

1978- 1979 Novitiate at Holy Cross Cistercian Abbey, U.K.  
 1980-1985 Studies of Hinduism, yoga and meditation in India  
 1990-1994 Trained in Sufism with Lex Hixon (Sheikh Nur al Jerrahi)  
 1995-1998 Jewish Studies with Rabbi Zalman Schachter-Shalomi through  
 Naropa University Continuing Education.  
 1995-present Tibetan Buddhist Study through Boulder Shambhala Center  
 2008 Sufi Pilgrimage in Turkey visiting Istanbul and Konya